

What Can I Do With a Degree in **EXERCISE SCIENCE**

Exercise science is the study of movement and the associated functional responses and adaptations. The Slippery Rock University program is designed to prepare students to serve as physical fitness/exercise specialists in a variety of physical fitness and health promotion programs.

Skills Associated With Exercise Science Majors

Strong organizational, communication, critical thinking, teaching, and leadership skills
 Ability to work independently and as part of a team
 Interest in and commitment to helping clients
 Ability to teach, assess, plan and evaluate programs; counseling and training skills

Sample Career Titles

Aerobics Instructor	Facilities Manager	Personal Trainer
Athletic Director	Field Health Officer	Pharmaceutical
Athletic Enhancement Program Director	Fitness Center Director	Salesperson
Athletic Trainer	Fitness Instructor	Pharmacy Assistant
Biomechanist	Group Exercise Instructor	Physical Education Teacher
Camp Director/Trainer	Gym Manager	Physical Therapist
Cardiac Technician	Health Educator	Physician
Cardiopulmonary Rehab. Specialist	Health Information Administrator	Physicians Assistant
Clinical Researcher	Health Instructor	Professional Team Trainer
Coach	Health Practitioner	Professor
Commercial Wellness Center Director	Health Promoter	Recreational Therapist
Community Fitness Director	Health Service Administrator	Rehabilitation Specialist
Community Health Director	Health Teacher	Researcher
Corporate Health Advisor	High School Trainer	Respiratory Scientist
Dietitian	Hospital Administrator	School Health Educator
Director of Recreation	Hospital Health Educator	Sports Agent
Emergency Medical Technician	Injury Management Advisor	Sports Equipment Designer
Employee Fitness Director	Kinesiotherapist	Sports Manager
Event Marketing Representative	Lifestyle Counselor	Sports Nutritionist
Exercise Physiologist	Managed Care Administrator	Sports Promoter
Exercise Specialist	Medical Librarian	Sports Psychologist
Exercise Test Technologist	Medical Salesperson	Strength & Conditioning Coach
	Nurse	University Health Educator
	Occupational Physiologist	Weight Management Specialist
	Occupational Therapist	Wellness Coordinator
	Personal Stress Manager	

** Some careers may require additional training and/or education

Visit Career Services, 103 Maltby, to use DISCOVER and explore these and more career opportunities.