

# What Can I Do With a Degree in **PHYSICAL THERAPY**

Physical Therapists provide therapy treatment to patients with physical disabilities. The goal of therapy is to help patients strengthen muscles and improve mobility, restore function, or relieve pain. Their patients include accident victims and clients with such conditions as burns, amputations, stroke, vertigo, low back pain, arthritis, heart disease, fractures, head injuries, and cerebral palsy.

## **Skills Associated With Physical Therapy Majors**

Strong organizational, communication, and leadership skills  
 Must possess patience and a desire to help individuals; positive attitude  
 Good manual dexterity and physical stamina  
 Ability to work independently and as part of a team  
 Ability to assess, plan and evaluate therapy; counseling skills  
 Good knowledge of anatomy, physiology, biology, chemistry, and physics

## **Sample Career Titles**

Athletic Director	Health Service Administrator	Physical Therapy Assistant
Athletic Trainer	Health Services Planner	Physician
Coach	Health Teacher	Physicians Assistant
Commercial Wellness Center Director	Hospital Administrator	Professional Team Trainer
Consultant	Hospital Health Educator	Professor
Corrective Therapist	Managed Care Administrator	Prosthetist
Dietitian	Medical Librarian	Recreational Therapist
Director of Recreation	Nurse	Rehabilitation Specialist
Emergency Medical Technician	Occupational Therapist	School Health Educator
Exercise Physiologist	Occupational Therapy Assistant	Sports Equipment Designer
Exercise Specialist	Orthotist	Sports Nutritionist
Field Health Officer	Patient Advocate	Sports Psychologist
Fitness Center Director	Personal Trainer	University Health Educator
Fitness Instructor	Pharmaceutical Salesperson	Vocational Rehabilitation Specialist
Health Educator	Pharmacist	Weight Management Specialist
Health Information Administrator	Physical Education Teacher	Wellness Coordinator
Health Instructor	Physical Therapist	
Health Practitioner		
Health Promoter		

\*\* Some careers may require additional training and/or education

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